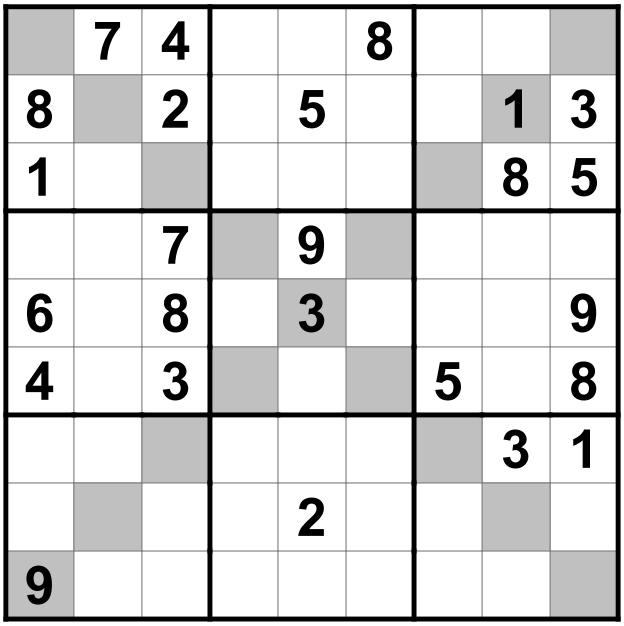Daily Medium X-Sudoku Puzzle for Monday 19th August 2019 (Medium)