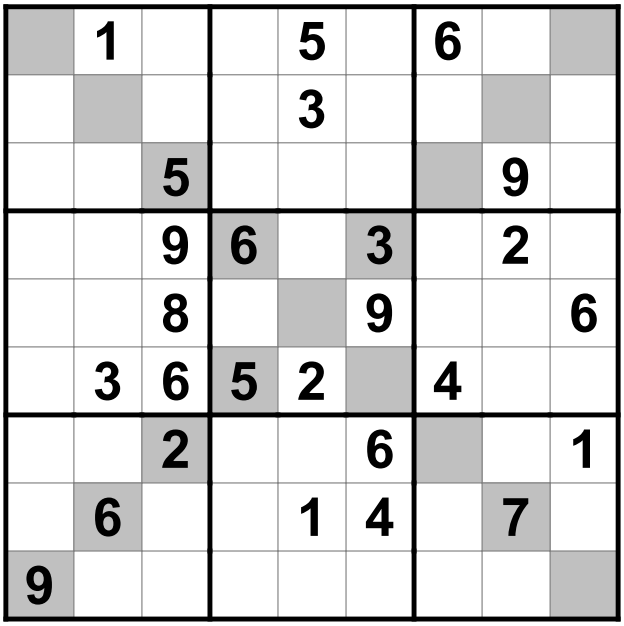Daily Medium X-Sudoku Puzzle for Wednesday 14th August 2019 (Medium)