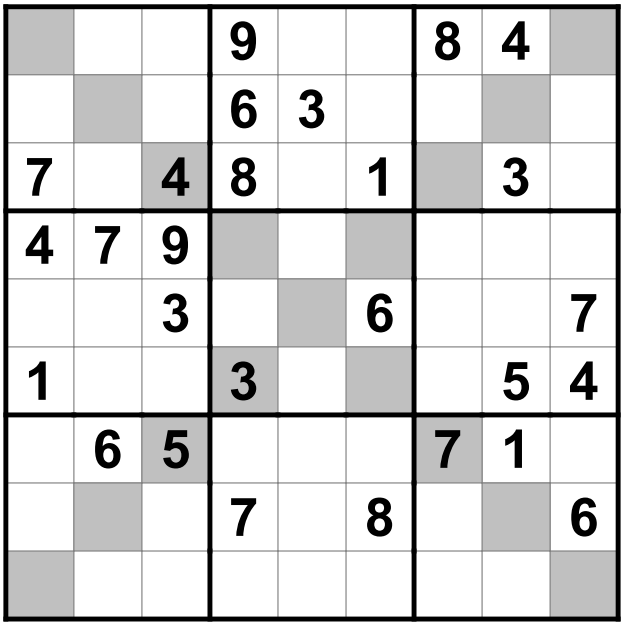Daily Medium X-Sudoku Puzzle for Monday 1st July 2019 (Medium)