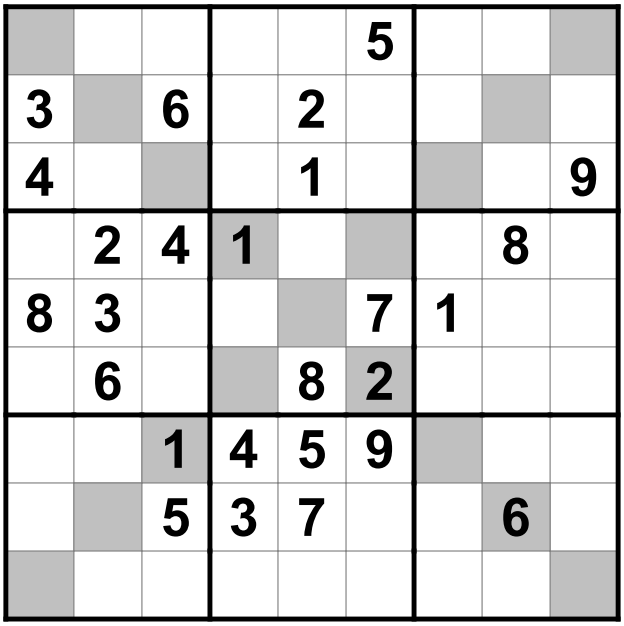Daily Medium X-Sudoku Puzzle for Friday 1st July 2016 (Medium)